# The Ohio Study - Interviewer Training

Things you need to keep in mind when doing the interviews

### Sound the part

Convey who you are with your voice. Smile! Respondents have never complained about a smile. Stand up straight and it will convey more confidence. Know your project well. Memorize your questions and answers so that you can have an informed conversation with the Respondent rather than reading from a screen - respondents can see the difference! Personalize your introduction and give it that human touch! Even over the phone, smile and "look the respondent in the eye," they can hear it in your voice.

#### Act the part

Speak as clearly as you can and as slowly as is reasonable. Don't rush. Speak loudly enough so that the respondent can hear you but as softly as is possible.

Be professional - remember you are representing OSU

Address people appropriately, always speak politely, including please and thank you.

Be assertive and confident, but don't appear overly anxious or desperate to get the survey.

Be a good listener so that you can develop rapport with the respondent and so that you can address any concerns or hesitations that they may have

Use the word interview, rather than survey, as much as possible. The word 'interview' has a more professional and personal connotation than the word 'survey', even though the two words are interchangeable.

#### **Dress for the part**

You must wear your Badge at all times. Make sure the badge is not covered by your outerwear.

Remember you are representing OSU. The Ohio Study requires professional attire for two reasons: to promote a sense of identity and to set a professional standard. We want our respondents

to feel that they belong to something important. We believe that if you take the time to dress professionally the respondent will be more likely to take you seriously.

You are expected to look clean, neat and dressed in a matter which is accepted as being in good taste. Please contact your FM if you have any questions concerning professional attire. 1. No holes are allowed in any pants or shorts. No sagging allowed.

2. Shirts must completely cover the abdomen, back, and shoulders and must have sleeves with collars. Shirts with tails must be tucked in all the way around.

3. Shorts or skirts are allowed. They are to reach the knee.

4. During cold weather interviewers may wear suitable outerwear, as long as it is clean and neat.

5. Head apparel, except for religious or medical purposes, should be removed before the respondent opens the door.

6. Footwear is required and must be safe and appropriate for indoor and outdoor activity. House shoes are not acceptable footwear. If you enter the respondent's home you may need to remove your shoes. Otherwise, keep your shoes clean so as to not soil the respondent's home.

7. Clothing and accessories such as backpacks, patches, jewelry, and notebooks must not display

(a) racial or ethnic slurs/symbols,

(b) gang affiliations,

(c) vulgar, subversive, or sexually suggestive language or images; nor, should they promote products which students may not legally buy; such as alcohol, tobacco, and illegal drugs.

8. Prohibited items include

(a) large, long, and/or heavy chains,

(b) studded or chained accessories,

(c) sunglasses, except for health purposes,

(d) sleepwear,

(e) skin-tight outer materials such as spandex,

(f) blankets,

(g) excessive makeup deemed inappropriate by faculty or

administration or

(h) torn clothing

(i) Hairstyles and makeup (male and female) that create problems of health and sanitation, obstruct vision, or are designed to call undue attention are not acceptable.

Let your attire reflect that you proudly represent a great university.

# **Guidelines for interviewing Pre/Adolescent respondents**

Communicate with genuine enthusiasm that this study is interesting and important.

Don't be judgmental about the respondent's dress, language, habits.

Don't try and be a parent or a peer.

Acknowledge the teen's schedule and preferences for time and place.

Confirm whether researcher will allow conversational interviewing or requires strict adherence to the script. Are you allowed to define ambiguous terms? Or use restricted probes?

What do you say if a teen asks "What's a typical week?" or "What do you mean by 'supervisory role'?"

"What do you mean by 'close'?"

Pay attention to the young respondents' understanding of the question. Adolescents and adults sometimes have different definitions and assumptions.

Be alert to cues of cognitive or language difficulty; enter comments into the question that accurately reflect any problems.

Assure that the child's responses will be confidential; will parents hear the child's answers even if you're in a "semi-private and quiet" spot in the house or apartment?

Be sensitive to developmental differences between children ages 11-13 and kids who are older, say 14-17.

Know the questionnaire inside and out: Anticipate what question is coming next and how each question works; be able to deliver the questions smoothly, effectively, and in a natural tone of voice. Make the transition seamless between the parent and the child portion of the questionnaire.

Interviewers who have some understanding of the culture, language, and neighborhood of the participant families may be able to gain more information about how the parent and child interface with the

questionnaire.

Finally, in some communities with extended families that live in proximity, kids might have friends who are cousins and friends with fluid living arrangements - don't always live in the same household as the respondent. So that may cause some problems with some questions in the questionnaire.

Do not influence the way in which a respondent answers - just make sure they do answer.

Never agree or disagree with the respondent or express sympathy for their frustration or in any other way

express your views of the legitimacy or acceptability of their answers.

Be objective and calm and non-expressive. Your job is to measure their experiences and responses as accurately as possible without influencing them in any way.

In general, keep in mind that you influence how much effort the respondent devotes to answering carefully by the behavior you exhibit. If you are careful, attentive to detail, professional, committed and

obviously interested in accuracy, this will be contagious and your respondents will be inspired to be careful and effortful, too. But if you seem not on top of what you're doing or apologizing to them for making mistakes or rushing through and not being careful, this will also be contagious, and respondents

will realize that they don't need to devote much effort to generating accurate answers - they can just answer in a sloppy fashion, and that will be ok with you.

#### Be sure that no one except the sampled respondents answers questions on the survey.

If a person answers the door and agrees to do the survey, but they are not the Parent of an eligible child, thank them for their willingness to participate

and explain that in order to ensure that this survey is a scientific, random sample, you must speak to a parent of the resident child. If that person is not home or not available, probe for a better time to call back.

If you notice at the beginning of the interview that the respondent seems to be having difficulty answering some of the questions and they want to pass the interview to a spouse or domestic partner for further clarification, reassure the respondent that it's important to you that they are comfortable answering the questions and if they would prefer to have their spouse or domestic partner or parent of a resident child answer the questions, then that is perfectly okay.

# What makes a good interviewer?

A good interviewer is:

- Friendly, but not too friendly
- Happy to be talking to the respondent
- Attentive and a good listener
- Serious about wanting the respondent to participate in and complete the interview
- Professional, but not too formal
- Careful to follow all directions exactly
- Informed about the project and able to answer respondent questions
- Punctual

#### How do you become a good interviewer?

One word: **PRACTICE.** This is really the only way to become familiar with questionnaire items, and to figure out what type of approach and style works best for you. These are often highly individual matters,

which take some time to discover. However, it is important that whenever possible, this takes place BEFORE actually conducting the in person interviews.

#### Rapport: What is it and how do we achieve it?

Rapport is the positive relationship that develops between the interviewer and the respondent during the

course of the interview. One of the most important things you want to strive to do is to develop a comfortable, trusting, and relaxed rapport with the respondent. Respondents work hardest to answer most accurately and most honestly when they feel they can trust their interviewer. When good rapport is

present, respondents are more careful about their responses, give us more accurate data, and enjoy the

interview experience more. This all leads to better quality of the results we can report and interpret. Good rapport is key to any successful interview.

You can achieve good rapport through your verbal and nonverbal behavior. Listen carefully to the

respondent, be genuinely interested in what he or she is telling you, and be sure that your body language

and approach to the interview is friendly and relaxed, yet professional. The way you sit and the expression on your face can be 'heard' by the respondent if not seen. "Getting into this groove" requires

practice and some trial and error.

# General guidelines to help you establish good rapport.

Be friendly and polite at all times, especially when making first contact with the potential respondent. Be prepared for anything that might happen during the course of the interview. This is especially important when you just start interviewing, because you'll be more surprised by unusual things. With time, you will learn to handle them more easily.

Smile as you talk to the respondent and speak enthusiastically

Conduct the interview in a conversational manner - engage the respondent and phrase questions as if you were simply talking to a friend in everyday life. Smile and sound relaxed as much as you possibly can. Stumbling over too many words can ruin a conversation. Listen carefully to the respondent, and be interested and excited about what you do. This will rub off on them and lead to a more enjoyable experience for everyone.

# Getting the Interview ... and completing it

An interview will not be very helpful to our study unless you gain the cooperation of the people you are

assigned to interview and you complete the interviews you start. This involves nine key steps.

1) Identify the correct respondent

Your instructions will, in most cases, specify what address to go to.

2) Approach the respondent

The way you approach a potential respondent is crucial for gaining their cooperation as well as for how the rest of the interview will go. Give them enough information in the introduction to get their attention but

not so much that they stop listening and get confused about why you are calling. Don't get shaken up by

questions - questions are a good thing because they engage the respondent in a listening/response activity with you and it gives you an opportunity to tell them more great things about this survey.

3) Make the request

With time, this should become the easiest part of the routine, although it might not seem that way at first.

You should have your introduction script memorized; however, be sure to speak as though you are simply

making a polite, reasonable request, not as if you are reading a script. Remember, you want to engage the participant in a dialogue or conversation in order to make them feel involved and invested.

4) If the respondent refuses, do not give up immediately

People that are initially reluctant can often be "converted" by reassuring them about the value of the study, the shortness of the interview, and the protection of their confidentiality, and they will eventually

agree to participate. If the respondent initially seems hesitant, stress the benefits he or she has to gain from the study (policy reforms to programs such as social security for example) and that they have been

specifically selected to represent their peers. If these suggestions don't work, you may also try simply asking "Is there any particular reason why you are not interested or are their there any questions about the

survey that I can answer for you?"

For example, if a respondent says, "Gee, I'm really in a hurry today", you might respond with "I understand that you are in a hurry and I know that your time is valuable. We are extremely interested in

how you feel about economic issues." Or you could say, "I know you are, but you were specifically chosen

to participate in this survey today and you represent lots of other people who are like you. We need to make sure that we get opinions from a wide variety of people, and you're important to make sure we have

valid results." Also, you might try, "Yes, I can tell you're in a hurry, but we really need to know what you

think about some economic issues and this is your chance to make your voice heard to policy makers." Finally, if the respondent makes it very clear that they definitely cannot do the survey at the time that you

are calling, then let him/her know that you understand and that his/her participation is very important to

you and that you are willing to set up an appointment to conduct the interview at a time that is most convenient for them.

If the respondent still refuses, you must respect their right to do so and move on to the next person on your list. Don't be discouraged by these occurrences. The person you approached might have simply had

too many other things on their mind or genuinely been too busy to take the survey today. Don't blame yourself for these refusals, and don't let it affect the next attempt you make.

If respondent agrees, continue interview

Throughout the interview, maintain a professional, yet friendly manner. In addition, you should control the

interview. Do not let the respondent get too far off topic. Some respondents like to talk and will stray from

answering the questions if you let them. If they do stray, acknowledge their comment with something like

"I see" or "I understand" ... Well?" and then read the question you want them to answer. Be alert and attentive throughout the interview. They should feel like their opinions are important and worth listening to

(because they are!).

5) If respondent needs a probe

Sometimes a respondent has difficulty with a question or answers it inappropriately. Then it's time to use

an appropriate probe. 'Probes' are questions or techniques used to get a single answer to the question you're asking, even if the participant hesitates or seems unsure. They are especially necessary when a respondent gives a "don't know" response. Some situations and their probes are elucidated below. You will learn to develop your own probes in response to the situation.

6) I Don't Know: If a respondent says "Gee, I don't know", just pause and wait silently and patiently - "I don't know" sometimes means the person is playing for time while thinking about the question, not that the person truly has no answer to give. Pause for what will feel to you like a REALLY LONG time, even though it will only be 5 seconds. Count "one one-thousand, two one-thousand, three one-thousand ..." slowly in your head to time the five seconds. That usually inspires a respondent to give an answer. If you pause for that long and the respondent hasn't answered, then you can say something like "I'd be grateful to get the best answer you can give me about this -- shall I re-read the question one more time?" It will be your job to reassure the respondent that "the best

guess or best estimate will be just fine". If the respondent still insists that he or she cannot make a guess or estimate, simply mark "don't know" for that question and continue with the survey.

7) More than one answer: If a question, for example, requires a specific number entry, and the respondent gives an answer such as "between 20 or 30" then you would want to probe with something like "I see, would that be closer to 20 or closer to 30, can you give me just one number?" You never want to pick an

answer for a respondent -- get them to pick a valid answer.

8) Answer not on the scale: For questions with a scale answer, it is important that the respondent give an answer that matches the scale choice exactly. For example, if the valid answers are 'Excellent, Good, Fair, or Poor' and the respondent gives an answer of "Pretty Good" then you must say something like "I see, so would that be Excellent, Good, Fair, or Poor" It is important

that you re-read the entire scale for the individual so that they can pick a valid answer choice. It is impossible for you to determine what the respondent meant by 'Pretty Good' so you must re-read the scale. If the Respondent gives a valid answer not listed, use "Other". If there is no "Other" enter the answer in a comment and make sure and point it out to your FM.

9) Finish the interview: Conclude the interview with a genuine thank you for the respondent - we want to send them off with a

good feeling about what they just did. Again, emphasize how important the survey is and how seriously it will be taken by Ohio State Researchers.

Thank you too! Whether you are a professional interviewer with many years of experience, or a new interviewer just starting out, there's always something new to learn. We appreciate you taking the time to study these materials.